

Having Purpose Through Your 70s and Beyond

A group for single people in their 70s who want to live a life that has purpose, meaning and value.



Connect with others navigating life's transitions around topics that may include: **employment, family, health, and socialization.**

This group will be co-facilitated by Carah Tenzer, LSW and Carol Wilson, LSW

When: Five weeks, on Thursdays

From: Feb. 26 and Mar. 5, 12, 19, 26

Time: 1:00 - 2:30 p.m.

Location: Temple Beth El, 1305 Springhouse Road, Allentown

Cost: \$125 for the series

This group:

- Is confidential
- Registration is required
- A sliding scale is available
- Is ongoing throughout the year

To register contact Carah Tenzer, LSW

Older Adult Case Manager

610.351.9954 | ctenzer@jfslv.org



JEWISH FAMILY SERVICE
★ OF THE LEHIGH VALLEY ★

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